

## **VOLUNTEER with SCAN's PARENT EDUCATION PROGRAM**

Many of our services are made possible with the help of volunteers. Contact us to find volunteer opportunities that work for you!



Stop Child Abuse Now (SCAN) of Northern Virginia is a non-profit organization whose mission is to promote the well-being of children, improve parent-child relations and prevent child abuse and neglect by:

**Educating** the community about the scope, nature and consequences of child abuse and neglect and the importance of positive, nurturing parenting;

**Providing** direct parent education; and

**Advocating** for children in the community, the legislature and the courts.

**It is our belief that parenting education and family support are key to reducing and preventing the incidences of child abuse and neglect.**

# **SCAN**

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# **P A R E N T E D U C A T I O N P R O G R A M**

**Parenting Classes**

**Parent Connection Newsletter**

**Parent Education Workshops**

**Parent Support Groups**

**Success By 6® Projects**

**Parenting Resources and Information**

# **SCAN**

STOP CHILD ABUSE NOW  
of Northern Virginia  
**www.scanva.org**

*Because being a parent is one of the  
**hardest and most important**  
jobs you will ever have.*



## **PARENTING CLASSES**

SCAN offers parenting classes using accredited programs such as the Nurturing Parenting Program's Assuring Better Children curriculum. The classes are offered in both Spanish and English, free-of-charge, to families throughout Northern Virginia. Each series of classes is held in the evenings for 7 weeks and is led by trained volunteers. The classes teach parents as well as their children, ages 4-7. Some of the topics covered in the parent component include: managing your child's behavior; helping your child succeed in school; and understanding child development. The children's component teaches children to improve communication skills, increase self-esteem, and how to deal with anger.

**"I learned so much from the classes...  
I feel it can help in my everyday life  
and my child's life."**

- Anonymous Parent

## **Parent Connection NEWSLETTER**

SCAN publishes a newsletter, the Parent Connection, three times per year to highlight parenting classes, support groups and other parenting services offered throughout Northern Virginia.

## **PARENT EDUCATION WORKSHOPS**

SCAN sponsors educational workshops on topics of interest and importance to parents in homeless shelters. Stress management, discipline and praise for children are some of the topics covered in the monthly workshops.

## **PARENT SUPPORT GROUPS**

Parent support groups are a free service for parents who are feeling overwhelmed by the stresses of parenthood. The program aims to help parents improve their relationships with their children and find more effective ways of coping with the pressures of everyday life.

The program provides professionally-facilitated, parent-led, mutual support groups for parents. It also offers education on parenting skills. A children's program is available for children ages birth to 12 years.

## **SUCCESS BY 6® PROJECT**

Success by 6® is a community-based initiative supported by the United Way that is focused on improving the lives of young children.

The weekly developmental playgroups reach out to young families to help ensure their children enter school prepared to take full advantage of their educational experience.

Success by 6® in Northern Virginia is a working collaboration with SCAN of Northern Virginia, Easter Seals, Northern Virginia Family Service, and the Hispanic Committee of Virginia. SCAN provides parenting literature, fact sheets and workshops on topics of interest to parents of young children.

## **PARENT RESOURCES AND INFORMATION**

SCAN maintains a resource library and publishes and distributes a wide variety of literature designed to give parents guidance and ideas on a variety of parenting topics. Many topics are also available in Spanish.

