



Building hope for children & families in Northern Virginia

# PREVENT CHILD ABUSE: SUPPORT OPERATION SAFE BABIES

**SIDS IS THE THIRD LEADING CAUSE OF INFANT DEATH IN THE U.S.**

IN VIRGINIA, **48%** OF CASES REVIEWED IN VIRGINIA WERE IDENTIFIED AS **SLEEP-RELATED DEATHS.**

**95%** OF THOSE SLEEP-RELATED DEATHS WERE RULED AS **PREVENTABLE.**

AN ADDITIONAL **1,200-1,400 BABIES** IN THE U.S. DIE OR SUFFER FROM ABUSIVE HEAD TRAUMA OR **SHAKEN BABY SYNDROME.**



## SO WHAT IS THE MODEL?



SCAN's **OPERATION SAFE BABIES** educates parents about safe sleep and care for infants, **provides cribs** for families in need and **delivers tools & resources** for parents and babies.



A Program of SCAN of Northern Virginia

## WHAT DO WE TEACH?

### STAY CALM WHEN BABY IS CRYING:



### KEEP INFANTS SAFE WHILE SLEEPING:

- Have a "crying plan" in place
- Check baby's diaper, temperature, hunger
- Turn down lights, play soft music
- Give baby a bath or use baby swing
- Put baby down, step away, call trusted adult

- Put baby on back to sleep
- Use firm sleep surface
- No blankets, pillows, soft toys in crib
- No smoking around baby
- Baby should not sleep with others



## HOW WILL YOU SUPPORT OPERATION SAFE BABIES?



**MAKE A \$75 INVESTMENT IN SCAN AND YOU PURCHASE ONE CRIB AND A FULL SET OF PARENTING RESOURCES FOR A FAMILY.**